

Letter from the Pastor

I am excited to share this month's newsletter with you. As we are now in the Fall months of the year, everything seems to be changing. The crops are about to be harvested, fall mums are blooming, and there is a chill in the air that only fall can bring. Soon, we will be observing the changing of the leaves, and the beauty that this brings to each and every one of us as we enjoy God's creation. Pumpkins are the sign of the fall harvest. How many of us will have a pumpkin, or even a decorated pumpkin, on our front porch this year? Fall is a time of celebration, and it is also a time of celebration for St Paul UMC, and the Christian community that supports us.

As I am writing this article, I am reminded of a scripture found in Galatians 5:22-23, "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. Against such things there is no law."

As I read this scripture, it reminds me, that this is exactly what we are doing at St Paul UMC. Our fruit is showing, and being productive of what God has called us to do. So many of you have given your talents and time to the Lord, and it is producing! Starting with our Tuesday and Saturday meals, which Robin and the church staff, have been so instrumental in making happen.

The Body of Christ is working as one, and we are sharing over 300 meals per week with people who are needing to be fed. Our "Clothing Pantry and Food Pantry" which Cora has so graciously taken charge of, and with the help of many willing servants, is making a difference in our neighborhood, that is paying dividends in Heaven.

We have also just launched a Hispanic Recovery Support Group that meets on Monday nights. We have plans to add Spiritual Recovery Support groups for Narcotics Anonymous and an additional group for Alcoholics Anonymous. In addition, we are looking at adding an additional meal on Thursdays for those that are in need of nourishment in our neighborhood and we are looking for ways that we can provide for their physical needs as well as spiritual needs.

We are doing some amazing things here at St Paul UMC, and most importantly, we couldn't do any of these ministries without the help given by our Partner Churches in the area that are so giving of their time, energy, and support. What we are doing together is truly exemplifying what it means to be the "Hands and feet of Christ," here on earth.

I encourage each of you to keep developing your Fruit of the Spirit, and to continue to let it multiply in our church and our community.

In Christ's love, Pastor Ben

#### **IMPORTANT REMINDER:**

On October 17 the Sunday morning worship schedule will change as follows: Sunday School - 9:30 a.m. / Worship Service - 10:30 a.m. Looking forward to seeing you there!



# A note about the Steak Dinner

We have long awaited a return of our traditional Steak Dinner with entertainment and a great deal of socializing. We have really promoted the fundraiser with Pastor Ben and he was looking forward to it.

But, alas, because of COVID it is not to be! We cannot justify planning an event that draws 200 people into the church. Dayton now has a mask mandate for indoors. Once again, we will have a carryout dinner from 4pm – 6pm on Saturday, October 16.

As you all have experienced, we are facing changes at every turn. The price of groceries, especially meat, has skyrocketed! Therefore, we must increase the price of our dinner to \$12.00 for adults and \$6.00 for children. That all being said, we hope to have another very successful fundraiser!

Please make dinner reservations by calling 937 252-4467 or emailing Joan at <u>administrator@</u> <u>stpauldayton.org</u>. All reservations must be in by 1:00pm on Friday, October 9 so we can order the meat.

You may pick up your meals at the 4<sup>th</sup> Street Entrance. There will also be a limited number of handicap parking spaces on 4<sup>th</sup> Street where volunteers will come to your car to serve you.

## Service Project Idea

For many years, Amy Reese and youth from Normandy UMC have provided us with lovely Hygiene Kits for the homeless. They are so very thoughtful and useful. The need continues to grow for these hygiene kits. Do you have a group who might like to put some kits together and donate them to St. Paul? The kits do not have to be uniform so we are giving you a list of possibilities:

Small toothpaste

Small conditioner Small box raisins

Small bar of soap

Small pkg. Wet Ones

Razor

- Small bottle of water Toothbrush Bandaids Cheese Crackers Small deodorant White sox
- Small pkg. tissues Small handcream Small shampoo Energy bars Wash cloth Misc. snacks

\*Put items in a gallon size zip lock bag.

## **Food Pantry Needs**

Jelly [our greatest need]	Canned vegetables	Canned fruit
Canned soups	Cereal	Pasta Sauce





### Contemplative Ministries

Contemplative Ministries offer opportunities to practice the sacred rhythms modeled for us by Jesus—pray and serve, pause and work, solitude and community. Everyone has the capacity to engage in contemplation and grow deeper in relationship with Christ. The only requirement is a desire to seek God and be open to the Spirit's movement in our lives. All offerings are dropin and on-going.

WHI ST. Paul Church De

### Virtual Offerings

**Centering Down:** breath work, Centering Prayer, reflective readings and discussion We are currently reading Julian of Norwich: Wisdom in the Time of Pandemic and Beyond by Matthew Fox. You do not need to have read the book to join the discussions. Wednesdays, 3:00 to 4:00pm Saturdays, 10-11am

Lectio@Lunch: Contemplative Bible Study using the ancient method of Lectio Divina. Mondays, Noon to 12:45pm

#### In-Person Offering

Meditation & Movement: breath work, guided meditation, and gentle movements to de-stress and calm the mind and body.

Fridays, 10:00 to 11:15

All are welcome

To learn more, contact Deaconess Beth Vanoli at 937-901-9649 or vanolibeth@gmail.com.

## **New Hispanic Recovery Support Group**

We are pleased to announce the opening of a Christian-based recovery space for Spanish speakers right here at St. Paul.

In partnership with Blanca Emily Weinberg Alvarado, a licensed addiction counselor and founder of Faro International (a foundation created for the purpose of providing recovery and counseling for the Hispanic community in Dayton), the **classes will be held on Mondays from 6 - 7:30 p.m.** in our basement conference room starting on **September 27**.

Emily created the flier on the left to distribute at the Hispanic Heritage Festival Saturday, September 18. This partnership, initiated by St. Paul's Hispanic-Latino Ministry, will provide yet another level of care for the Hispanic community. To the best of our knowledge, it is the first program of its kind in the area. Please pray that this ministry will bear fruit in the form of individual recovery and spiritual transformation.